



palliative.ch

gemeinsam kompetent
ensemble compétent
insieme con competenza

BIGORIO 2022

National Palliative Care Meeting

2.-4.11.2022

Convento S. Maria

Bigorio

Ticino

***Assisted suicide and palliative care: Clinical recommendation
from palliative.ch***

Experts

Claudia Gamondi, PD, PhD (Head of expert committee, also member of the Bigorio Group)

Head of the IOSI-EOC Palliative Care and Support Clinic, Bellinzona

Prof. Monteverde Settimio, PhD (representing ethics, co-leader of expert group)
Fliedner Monika, PhD (representing nursing, Co-Leader of expert group)

Gudat, Heike, MD (representing general palliative care)

Prof. Jox Ralf, MD (representing ethics)

Michaud, Laurent, MD (representing psychiatry)

Romano, Luigi (representing spiritual care)

Prof. Dr. med. Dr. phil. Paul Hoff (representing policy making)

Prof. Dr. iur. Stefan Maeder (representing law)

Marc Antoine Berthoud (representing social work and anthropology)

Organization: Bigorio Group

Tanja Fusi-Schmidhauser (Co-Leader), Palliative Care and Support Clinic IOSI-EOC, Lugano

Andreas Ebnetter (Co-Leader), University center for Palliative Care, Inselspital, Bern

Isabelle Beytrison, Palliative Care Service, Valais Hospital

Jan Gärtner (Head of method), Palliativzentrum Hildegard, Basel

Fiedeldeij Hans-Georg, Mobile Palliative Care Team Voltigo, Cancer League, Fribourg

Credits

Swiss Society of General Internal Medicine (**SMIG**): request pending

Swiss Society for Palliative Care (**SSPC**): request pending

BIGORIO 2022 Program

Pre-conference preparation

- General Literature search (Jan Gärtner)
- Individual reading of selected papers
- Pre-conference meeting (digital)
 - o 1. Experts (Group forming, defining and validation Themes and structure)
 - o 2. Participants (Group forming)
- Preparation of the nominal group technique

Wednesday, November 2nd

- 18:30 Arrival at Bigorio
- 18:45 Evening meal
- 19:30 Introduction to the Bigorio process
- Methodology (Andreas Ebnetter)
- 20:00 Introduction by Dr. Gamondi
- Current dilemmas and needs of the different patient groups/health care professional*

Thursday, November 3rd

- 08:00 Breakfast
- 08:30 Information from Experts about current policies and law informing assisted suicide
- **Ethics** and Guidelines of SAMW (**Ralph Jox**, S.Monteverde/Dr.Hoff)
 - Legal (Prof. Maeder)
- 09:30 Plenary (consensus by discussion)
- Prioritizing target population and target users
- 10:15 Coffee
- 10:30 Group work (Technique: nominal group technique)
- Defining/Prioritizing content of topics.) within the themes

(contemplation/preparation/realization/aftermath)

- 12:00 Lunch
- 13:00 Online meeting with representative of an association of assisted suicide (Exit; Dr Marion Schafroth) - What are their questions and needs for palliative care professionals (45-60 min)
- Working groups 1-4 (Text and recommendation)
- 16:00 Coffee
- 16:30 Group work (Text and recommendation)
- 18:30 Evening meal
- 20:00 Plenary (Group 1-4)
- Short Presentation of position statements (10 min per Theme)

Friday, November 4th

- 08:00 Breakfast
- 08:30 Plenary (Group 1-4)
- For each topic /theme pair
- minimal consent level 60%, open discussion
 - Discussion of missing items
- 10:30 Coffee
- 11:00 Plenary (Group 1-4)
- For each topic /theme pair
- minimal consent level 60%, open discussion
- 12:30 Lunch
- 14:00 Plenary (Group 1-4)
- For each topic /theme pair
- minimal consent level 60%, open discussion
- 15:30 Departure from Bigorio

Themes relevant for the Position paper: (specific questions/objectives):

1. **Contemplation Phase**
2. **Preparation**
3. **Organization and implementation**
4. **Aftermath**